

San Da Fight Club 散打

New Student Handout



Tuition and Fees

Club membership is **\$55 per month** and is due on the 15th of every month. There are no discounts for people who cannot attend regularly.

Everyone is entitled to one (1) free class; that is, one free class in their lifetime. If you came in and took a free class 5 years ago and now you're back, it is assumed you are here to sign up.

Equipment and Gear

Training safely requires the use of proper safety equipment. While we have community gear for **new students** to use, it is expected that regular students will eventually invest in their own safety equipment.

If you choose to purchase gear through San Da Fight Club, we can offer prices significantly lower than retail. Purchasing your own equipment will also help prevent the spread of contagious skin infections.

Hygiene

Staphylococcus aureus, *methicillin-resistant staphylococcus aureus* (MRSA), ringworm, and other contagious conditions can be spread through skin contact while participating in contact sports. It is recommended that you shower as soon as possible after every class and that you clean and disinfect your equipment on a regular basis to help prevent these conditions.

Toenails and fingernails should be trimmed regularly to help prevent cutting and scraping the skin of your classmates.